EN

SAFETY RULES

VIA VERDA

Mountain biking and cycle touring

Safety is our priority. To enjoy the activity with peace of mind, we ask all participants to read and follow these rules.

ESSENTIALS

- Helmet compulsory and fastened
- Check your bike before setting off
- Pedestrians have priority
- No headphones or phone use

1 BEFORE SETTING OFF

- Our staff will explain how the bike works (brakes, gears) and adjust the saddle height for you.
- Check the bike before you leave: brakes, tyres and handlebars. If you notice anything wrong, tell us before setting off.
- Let us know about any health problem, injury or limitation that could affect the activity.
- You may not ride under the influence of alcohol or other substances.

2 EQUIPMENT

- A helmet is compulsory throughout the activity and must be properly fastened.
- Wear comfortable, closed clothes and shoes. Avoid loose clothing or laces that could get caught in the chain or pedals.
- Bring water and sun protection, and dress for the temperature.
- Do not use headphones or look at your phone while riding.

3 ON THE ROUTE

- Always follow traffic rules and the signs along the route.
- Keep to the right, ride in single file when necessary, and keep a safe distance from other cyclists.
- On shared paths and routes, pedestrians always have priority: slow down and warn them before overtaking.
- Adjust your speed to the terrain, the condition of the path and your experience, especially on descents and bends.
- If you stop, do so off the route and do not block other users.
- If you notice any problem with the bike (brakes, tyre, chain), stop and let us know.

4 WEATHER CONDITIONS

- In rain, strong wind, storms or extreme heat, the terrain and riding can be more dangerous: adapt accordingly and follow our staff's instructions.
- If conditions are not safe, the activity may be changed, interrupted, postponed or cancelled in accordance with the cancellation policy.

5 FALL, BREAKDOWN OR EMERGENCY

- Stop in a safe place, off the route, and stay calm.
- If anyone is injured or you need help, call us immediately.
- If the bike breaks down, do not try to repair it yourself: call us.

6 CHILDREN AND GROUPS

- Children under 18 must be accompanied by a responsible adult who looks after them throughout the activity.
- In groups, the group leader must make sure everyone follows the rules.

7 CARE OF EQUIPMENT AND SURROUNDINGS

- Use the bike, helmet and light only for their intended purpose, and return them to the agreed place, at the agreed time and in good condition.
- Do not leave litter along the route, and respect the local wildlife, plants and crops.

WHAT TO BRING

Comfortable, closed clothes and shoes · Water · Sun protection · Clothing suited to the weather

PHONE / WHATSAPP

633 081 737

Any issues with your booking or during the activity

RESPONSIBILITY

Following these rules is a condition of hiring and using the equipment. Beniemocions may withdraw the bike and end the activity for anyone who puts their own safety or that of others at risk, with no right to a refund. The company is not responsible for the loss of or damage to personal belongings.

ENJOY THE EBRO SAFELY!