EN

SAFETY RULES

ADVENTURE PARK

Zip-line course



Safety is our priority. To enjoy the activity with peace of mind, we ask all participants to read and follow these rules.

ESSENTIALS

- **Training and practice test are compulsory**
- **Harness on for the whole course**
- **Closed shoes (no flip-flops)**
- **Wait for the guide's signal**

1 BEFORE YOU START

- Arrive in good time for the meeting time given.
- You must attend the initial training and complete the practice test with the guide before going onto the courses. Anyone who has not done so, or cannot show they know how to use the safety system, will not be allowed on.
- Tell the guides about any health problem, injury, allergy, fear of heights or limitation that could affect the activity, as well as any possible pregnancy.
- You may not take part under the influence of alcohol or other substances.
- Each course has minimum requirements (age, height or ability) set by the guides. These must always be respected.

2 EQUIPMENT AND CLOTHING

- A harness is compulsory throughout the activity. The guides fit or check it before you go up.
- Wear comfortable clothes and closed shoes with good support (trainers are best). Sandals and flip-flops are not allowed.
- Tie back long hair and remove scarves, necklaces, bracelets, large rings or anything else that could get caught.
- Personal belongings (phone, wallet, keys, camera) must be left with us or stored securely. Loose items are not allowed on the course. The company is not responsible for the loss of or damage to personal belongings.

3 ON THE COURSE

- Always follow the guides' instructions. They have the final say on any safety decision.
- Use the safety system exactly as explained in the training.
- Check that your harness and safety connection are correctly in place before each section.
- Keep to the order and leave space between you and other participants: do not start a section or zip line until the person before you has finished it.
- Do not jump, run or swing on the platforms, bridges or nets.
- Do not touch ropes, cables or other parts of the course other than those indicated by the guides.
- Drink water regularly and protect yourself from the sun. If you feel tired, dizzy or scared, stop and tell a guide: that's absolutely fine.

4 ZIP LINES

- Follow the guide's instructions on body position, take-off and braking.
- Do not touch the cable or pulley while someone is moving on it.
- Wait for the guide's signal before setting off, and brake as explained.

5 WEATHER CONDITIONS

- The guides assess the weather before and during the activity (wind, storms, rain, extreme heat).
- If conditions are not safe, the activity may be changed, interrupted, postponed or cancelled in accordance with the cancellation policy.

6 IN AN INCIDENT OR EMERGENCY

- Stay calm and stay where you are, securely clipped in.
- Tell the guides immediately and follow their instructions. If you see someone in difficulty, tell them too.
- Do not try to rescue anyone yourself.

7 CHILDREN AND GROUPS

- Children under 18 must be accompanied by a responsible adult who looks after them throughout the activity, in accordance with the conditions of each course.
- In groups, the group leader must make sure everyone follows the rules.

8 RESPECT FOR THE ENVIRONMENT

- Do not leave any litter in the park: take everything you bring back with you.
- Respect the trees, wildlife and plants. Do not nail, carve or damage the trees.

WHAT TO BRING

Comfortable clothes · Closed trainers · Long hair tied back · Water and sun protection

PHONE / WHATSAPP

633 081 737

Any issues with your booking or during the activity

RESPONSIBILITY

Following these rules is a condition of taking part in the activity. The guides may remove anyone who puts their own safety or that of others at risk, with no right to a refund.

ENJOY THE EBRO SAFELY!